



SUMMER SERIES 2009/10

NAVRAE/ENQUIRIES: 079 413 6610

DATE	TIME*	EVENT	VENUE	ENTRY FEE
THU 17 DEC	08:00	WALK AGAINST VIOLENCE AGAINST WOMEN AND CHILDREN (21,1km AND FUN WALK)	KLEINMOND TOWN HALL Enquiries: 082 443 6069	
FRI 18 DEC	17:00	CSV FUN RUNS AND BEACH MILES	KLEINMOND LAGOON Enquiries: 072 582 3534	
SUN 27 DEC	06:45	BETTY'S BAY 10	CRASSULA HALL, BB	R40**
	07:00	BETTY'S BAY HALF	CRASSULA HALL, BB	R50**
	07:05	FUN RUN	CRASSULA HALL, BB	R15
FRI 8 JAN	18:00	BIG BLUE NITE 10km	KLEINMOND LAGOON	R40**
	18:05	BIG BLUE FUN RUN	KLEINMOND LAGOON	R15
SUN 10 JAN	09:00	BIG BLUE BEACH MILES U15	KLEINMOND BEACH	R15
	09:20	BIG BLUE BEACH MILES U17	KLEINMOND BEACH	R15
	09:40	BIG BLUE BEACH MILES JUNIOR	KLEINMOND BEACH	R15
	10:00	BIG BLUE BEACH MILES OPEN	KLEINMOND BEACH	R15

* Registration will open 90 minutes before. ** For licensed athletes. Temporary licenses available at R20 each.

PRIZE MONEY

As there is no sponsor, prize money will only be determined on the day of the race depending on the number of entries. In the 10 and 21.1 km events prize money will be given to the first three men and ladies, the first three junior men and ladies and the winners of the masters 40, 50 and 60 categories. There will also be prize money for the winners of the fun runs and beach miles.

A Summer Series Champion will be determined from participation in the Betty's Bay Half, the Big Blue 10km Night Race and the Big Blue Beach Mile and will also receive a cash prize.

MEDALJES:

- In al die 10km-wedloep en in die halfmarathon kry die eerste 10 mans en die eerste 10 vroue goud, silwer vir die volgende 50 atlete na die tiende man en brons vir die res wat klaarmaak.
- In die Big Blue Strandmylbyeenkoms kry die eerste drie in elke wedloop spesiale goud, silwer en brons medaljes en al die ander wat die wedloop voltooi ontvang 'n gewone brons medalje.
- Brons medaljes vir almal wat die pretloep voltooi.

GENERAL INFORMATION

- Lucky draws at the Betty's Bay event.
- Veilige bewaring vir sportsakke en sletels/Tog bag area available.
- Water tables will be placed at regular intervals along the route and coke will be supplied at every second one./Daar sal op gereelde afstande waterpunte wees en by elke tweede een word Coke ook voorsien
- Distance markers indicate the number of kilometers already completed. / Afstandborde dui die kilometers voltooi aan.
- Entry fees will not be refunded unless an entry is rejected./ Inskryfgelde sal nie terugbetaal word nie, tensy 'n inskrywing verwerp word.
- Hangklip Athletics Club accepts no responsibility for entries lost in the post./Hangklip-atletiekklub aanvaar nie verantwoordelikheid vir in-

skrywings wat in die pos verlore raak nie.

- Results will be available on internet at www.hangklipathletics.co.za and sent to major websites featuring race results.
- For accommodation information contact Hangklip-Kleinmond Toerismeburo/Tourism Bureau at 028 271 5657.

RACE RULES

1. Official races are under the auspices of the Hangklip Athletics Club and run according to the rules of Boland Athletics and Athletics South Africa. Instructions of traffic and race officials must be complied with. Non-compliance may lead to disqualification.
2. Participants must be 16 years and older for the half marathon and 15 years or older for the 10km race on race day.
3. A valid licence number or temporary number must be displayed on every athlete's vest during the race.
4. Age markers must be worn to qualify for the category prizes.





ENTRY FORM

AGE ON
RACE DAY:

TITLE:	FIRST NAME:	SURNAME:	
CLUB:	LICENCE NO:	M	F
TEL NO:			
ADDRESS:			
E-MAIL ADDRESS:			

I AM ENTERING:	Betty's Bay 10km @ R40	
	Betty's Bay Half Marathon @ R50	
	Betty's Bay Fun Run @ R15	
	Big Blue Nite 10km @ R40	
	Big Blue Fun Run @ R15	
	Big Blue Beach Mile @ R15	

Temporary licence fee, if not a registered runner: R20 Not applicable for fun run	
Donation to HAC Development Fund	
TOTAL	

Method of payment: (indicate please)

Cheque	<input type="checkbox"/>	Electronic Transfer	<input type="checkbox"/>	Postal order/cash	<input type="checkbox"/>
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Cheques must be payable to: Hangklip Athletics Club

For direct deposit or electronic fund transfer:

Bank: ABSA
Account no: 9094791911
Branch code: 334512

Please fax deposit slip or confirmation of electronic payment to: 086 532 6066

Postal address:
Hangklip Athletics Club, PO Box 80, BETTY'S BAY 7141

HANGKLIP ATHLETICS CLUB SUMMER SERIES 2009/10

I declare that I am an amateur and that I participate in these races at my own risk. I indemnify the organizers and sponsors of this race against any claim which may result from my participation.

Signature:

Parent/guardian (if under 18):